19: Marshall M-6 (ca. 1910) 1922 AP1 Burma
Karen AP7

CHAPTER XXVI

MAGIC

The division lines between religion, magic, and science, as these matters appear to primitive peoples, are hard to trace. In truth, the three fields so overlap and interpenetrate that it is almost impossible to tell where one begins and the other leaves off. However, religion for them may be defined as consisting of the socially recognized practices and conceptions belonging to the tribe or group and relating to the supernatural powers or forces. Through their conceptions and practices the people try to enter into relation with these powers for their own welfare. Magic may be defined as the art of influencing the action of spirits and occult powers for the purpose of serving private ends. This art may involve resorting to secret and sinister means for an anti-social purpose. As many, if not most, of the magical rites are concerned with matters of health, the realm of magic includes a portion of that of science, especially of medical science, which makes use of the effects of roots, herbs, and minerals on the human body, as well as of other treatments, which form the beginning of a real scientific knowledge.

The underlying principle of Karen magic seems to be the "pgho," that all-pervasive impersonal power which is so potent for good or ill. By observing certain ceremonies and incantations the individual is thought to be able to induce the "pgho" to take up its abode in some person or object and have it accomplish the end he has in view.

The belief in the power of magic doubtless grew out of incidental observation and primitive experimentation with the unseen forces surrounding all human life, in which coincidence of events was ignorantly seized upon as establishing a necessary connection between them. That the magical power of an alleged charm rests on very insecure foundations is illustrated in an experience which I had with a Karen, who brought me two magical stones about the color and size of horse-chestnuts to be tested. The Karen had inherited these stones, which had long been regarded in his family as charms against injury by weapons. He wanted me to fire my

19: Marshall M-5 (ca. 1910) 1922 AP1 Burma
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conditions being attributed to the presence of wind ("k'li"), fire ("me"), or water ("paw leh"). The elders assert that fifteen hundred cavities in the abdomen contain wind, twelve contain fire, and one contains water. The prevalence of wind over the other elements produces pride, ambition, avarice, evil desires, and hilarity. When fire is in the ascendancy, one is incited to envy, malice, hatred, and revenge. When water predominates, issuing from its single cavity, it disseminates peace, love, kindness, patience, quietness, and other allied virtues. The various qualities are intermingled in one's character in proportion to the mingling of the several elements.[9]

Many of the charms worn by both the Karen and the Burmese are intended to prevent wind from gaining the ascendency in the abdomen. Among such charms are strings of dried berries of certain plants, strings of coins that have been blown upon, and knotted cords that have been put on the wearer by elders or prophets.

Something remains to be said about the "k' thi thras" or "medicine-teachers," who compound drugs from various roots and herbs with which they practice a sort of medical lore, in addition to their occult rites. There is no doubt but that they understand the medicinal action of certain plants. They will often point out a particular tree with the remark that its leaves are good for fever or some other ailment. On my request for some prescriptions a Karen doctor gave me a hundred of them. Dr. Wade has collected over forty pages of medical formulae of various kinds, among them many of real value. Dr. Mason mentions the name of a small creeping plant *(Hydrocotyle asiatica)* which, if applied as a poultice in time, will arrest, if it does not cure, leprosy.[10] How many of these Karen prescriptions are of Burmese, Shan, or Talign origin I am unable to say. I have been told several times that the Karen who still remain in their primitive condition, depend wholly on magic and offerings to cure sickness. My observation leads me to believe that the use of medicine increases, as the people come more and more into contact with other races.

The Karen believe that smells have a marked effect on the body, both for good and for ill. There is hardly anything that a Karen or, indeed, a Burman fears so much as he does the smell of cooking fat ("ta neu xo"). They believe that the odor somehow enters the body, especially if there is an abrasion of the skin,

[9] *The Karen Thesaurus*, new ed., Vol. I, p. 500.
[10] Dr. F. Mason, *British Burma, Its People and Productions*, pp. 501, ff.

25: Ferrars E-5 (ca. 1890) 1901 APl Burma
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348. KAREN WITH DECOY-COCK.

Men and Women

labour out-of-doors till about sixty. The oldest women who can move make their daily journey for water, which is fetched and stored in joints of the giant bamboo. Old men occupy themselves with plaiting mats and baskets, and repairing gear. None are idle. The Karéns are acquainted with the medicinal virtues of many plants, such as bitter barks for ague. But all sickness and misfortunes are ascribed to the *nats*. Offerings and charms are relied on more than medicines. When a person dies, the body is treated with great respect, and every kind of offering is made to propitiate the spirit. The corpse is cremated, and the bones are buried at a place devoted to this use (*ayò-daung*), often at a distance, owing to the migrations of villages. Here a shrine is erected, consisting of a miniature hut, upon which a rude carving of a bird always figures. This symbolizes a mythical creature which conveys the spirit over rivers and chasms on its wanderings. For some time after a death, cotton threads are stretched beside the footbridges for the spirit to pass by on, without meeting the living. A shrine similar to that at the *ayòdaung* is made at a place where two roads cross, and at each shrine the clothing of the deceased, and sometimes new clothing and utensils, are dedicated. It is at funerals that the dreary Karén music is chiefly heard. The tones are very widely contrasted. The dirge is accompanied by the notes of the *pàzi*, a great drum of bronze, cast in the Shan country, in a single piece, though the metal is only the eighth of an inch thick. The *pàzi* is struck on the end with a padded hammer for the deep fundamental tone, and flicked on the side with a stick to bring out harmonics an octave or two higher.

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347. DECOY-COCK IN THE CIRCLE OF SNARES.

000 The *Karènni*, or "Red